

# STUDENT REFERENCE – CSS – PRINCE GEORGE



**Instructions:** Student completes *section one* and gives this reference form to a referee (this should be a teacher or administrator who has worked with the student at their home school).

The referee will complete *section two and three* and email the completed reference form directly to Simon Lamarche [slamarche@engagesportnorth.com](mailto:slamarche@engagesportnorth.com) and JP Martin [jpmartin@sd57.bc.ca](mailto:jpmartin@sd57.bc.ca)

**Please do not return the form to the student as it should come directly from the referee.**

Section One: Personal Information		
Student Name:	Current Grade:	School:
Referee Name:	Referee Title:	

Section Two: To the best of your knowledge indicate where the applicants fits in the following categories.					
<b>Academics</b>	<input type="checkbox"/> Does Not Meet Expectations	<input type="checkbox"/> Minimally Meets Expectations	<input type="checkbox"/> Mostly Meets Expectations	<input type="checkbox"/> Fully Meets Expectations	<input type="checkbox"/> Exceeds Expectations
	Comments:				
<b>Behaviour</b>	<input type="checkbox"/> Does Not Meet Expectations	<input type="checkbox"/> Minimally Meets Expectations	<input type="checkbox"/> Mostly Meets Expectations	<input type="checkbox"/> Fully Meets Expectations	<input type="checkbox"/> Exceeds Expectations
	Comments:				
<b>Work Habits</b>	<input type="checkbox"/> Does Not Meet Expectations	<input type="checkbox"/> Minimally Meets Expectations	<input type="checkbox"/> Mostly Meets Expectations	<input type="checkbox"/> Fully Meets Expectations	<input type="checkbox"/> Exceeds Expectations
	Comments:				
<b>Personal Responsibility</b>	<input type="checkbox"/> Does Not Meet Expectations	<input type="checkbox"/> Minimally Meets Expectations	<input type="checkbox"/> Mostly Meets Expectations	<input type="checkbox"/> Fully Meets Expectations	<input type="checkbox"/> Exceeds Expectations
	Comments:				

**Section Three:** The following descriptors are part of the expectations our student athletes are assessed on throughout the year. Please comment on the applicant's ability to meet these expectations and explain any areas you may have concerns.

<p><b>Personal Responsibility:</b> Appropriate training gear, prepared and ready to train and participate in activities. Communicates needs and engages in problem solving behaviour.</p>	<p><b>Focus/Energy:</b> Prepared to mentally engage and prepared to get better. Focused on improvement and personal growth. Able to put distractions aside and focus on training.</p>	<p><b>Group Dynamics:</b> Aware of others in training environment. Demonstrates awareness of gym safety procedures and the wellness of others in the gym. Brings a positive energy and encouragement to training.</p>	<p><b>Exercise Program:</b> Follows and tracks training program. Keeps accurate records and is aware of progress and personal training plan.</p>
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Comments:
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**Save and email** the completed form to Simon Lamarche [slamarche@engagesportnorth.com](mailto:slamarche@engagesportnorth.com) and JP Martin [jpmartin@sd57.bc.ca](mailto:jpmartin@sd57.bc.ca)